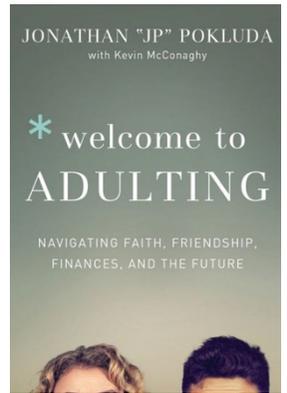


READING GUIDE

Welcome to Adulthood: Navigating Faith, Friendship, Finances, and the Future

Pokluda gives helpful discussion/reflection questions at the end of every chapter. Here is another set of questions that can be used for discussion/reflection. While it may be more beneficial if you can grab two or three friends to journey together through this book, it is still useful if read alone. FLINT suggests that you set aside fourteen consecutive days for 1-hour reading and reflection. After which, you can record your thoughts in writing. These will be useful when you look back after a decade or two and see how God has led you through the years. The commencement of the school holidays may be a good period to start the reading journey, especially if you are about to graduate from university or polytechnic.



SUGGESTED SCHEDULE

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
<p>Introduction + Ch.1 LIFE (14 pages)</p> <p>25 mins reading 20 mins reflection</p> <ol style="list-style-type: none"> Are you satisfied with your life? What is lacking? What changes do you think are necessary to have a more satisfying life? 	<p>Ch.2 PURPOSE (12 pages)</p> <p>20 mins reading 20 mins reflection</p> <ol style="list-style-type: none"> What specific "good work" do you think God has prepared you to do? How do you think you can prepare yourself for that "good work"? 	<p>S.H.A.P.E</p> <p>20 mins questionnaire 20 mins reflection</p> <ol style="list-style-type: none"> What have you discovered about yourself through this exercise? How does your discovery support the specific "good work" prepared for you? 	<p>Ch.3 AUTHORITY (16 pages)</p> <p>25 mins reading 20 mins reflection</p> <ol style="list-style-type: none"> What kind of difficulties do you have to submit to the government, your employer, or the church? In what way can your submissiveness to the above three agents be improved? 	<p>Ch.4 WORK (16 pages)</p> <p>25 mins reading 20 mins reflection</p> <ol style="list-style-type: none"> What is your attitude towards work? How can the idea of "whatever you do, work at it with all your heart, as if to the Lord" be applied in your working life? 	<p>Ch.5 MONEY (19 pages)</p> <p>30 mins reading 20 mins reflection</p> <ol style="list-style-type: none"> How much do you think you need in a month to have a decent life? In what way can you develop generosity towards the needy? 	<p>The LORD's day</p> <p>Visit a hospital/an elderly nursing home 40min reflection</p> <ol style="list-style-type: none"> If you only have six months to live, how are you going to live your life? How can you be a better steward of your life?
Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
<p>Ch.6 COMMUNITY (17 pages)</p> <p>30 mins reading 20 mins reflection</p> <ol style="list-style-type: none"> What kind of godly community do you meet regularly? How can this community intentionally be used to pursue godliness? 	<p>Ch.7 CONFLICT (14 pages)</p> <p>20 mins reading 20 mins reflection</p> <ol style="list-style-type: none"> Is there any unresolved conflict that you can resolve? How do you plan to resolve it? Based on your reading, pick one conflict resolution attitude you want to cultivate! 	<p>Ch.8 DATING (32 pages)</p> <p>40 mins reading 20 mins reflection</p> <ol style="list-style-type: none"> How should you prepare yourself to be a godly partner for your future spouse? Is there any pattern of sexual sin you should deal with? How will you deal with it? 	<p>Ch.9 WORRY (14 pages)</p> <p>25 mins reading 20 mins reflection</p> <ol style="list-style-type: none"> What is one thing that often brings anxiety in your life? How can you cultivate your faith to believe that God is in control, God is good, and He loves you? 	<p>Ch.10 RECOVERY (15 pages)</p> <p>25 mins reading 20 mins reflection</p> <ol style="list-style-type: none"> What is an area of addiction/unhealthy life pattern you can identify in your life? With whom can you journey to break the tendency to succumb to the temptations? 	<p>Ch.11 ETERNITY (21 pages)</p> <p>30 mins reading 20 mins reflection</p> <ol style="list-style-type: none"> What doubts do you have about Christian faith and heaven? Do you believe that you will go to heaven someday? What does it mean for you to live for eternity? 	<p>The LORD's day</p> <p>Visit a cemetery /columbarium 40min reflection</p> <ol style="list-style-type: none"> What kind of legacy do you want to leave behind on Earth before you return to the LORD? Bucket lists: write out five concrete goals you will pursue for the LORD for the next 10 years!